

	Roll Call Time		M_U18		M_U16		F_U18		F_U16	
Time	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
9:00	8:35 - 8:45	8:25 - 8:35	110mH(H1-H3)	LJ (B)				JT		LJ (A)
9:15	8:50 - 9:00	8:40 - 8:50		SP	110mH(H1-H3)					
9:25	9:00 - 9:10								100mH(H1-H2)	
9:40	9:15 - 9:25	9:05 - 9:15	100m(H1-H5)			JT				
9:55	9:30 - 9:40				100m(H1-H4)					
10:05	9:40 - 9:50	9:30 - 9:40			100m(H5-H8)					HJ
10:20	9:55- 10:05						100m(H1-H2)			
10:30	10:05-10:15	9:55 -10:05						SP	100m(H1-H3)	
10:50	10:25-10:35	10:15-10:25	400m(H1-H3)			LJ (B)		TJ (A)		
11:00	10:35-10:45	10:25-10:35			400m(H1-H4)					JT
11:10	10:45-10:55				400m(H5-H8)					
11:25	11:00-11:10						400m(H1-H2)		400m(H1-H2)	
11:40	11:15-11:25	11:05-11:15	200m(H1-H3)					HJ		
11:50	11:25-11:35	11:15-11:25		JT	200m(H1-H5)					
12:05	11:40-11:50						200m(H1-H2)		200m(H1-H2)	
Lunch Time										
14:00	13:35-13:45	13:25-13:35	400mH(F1-F2)	DT		TJ (A)				SP
14:10	13:45-13:55	13:35-13:45	100m(F)	HJ	100m(F)			LJ (B)		
14:20	13:55-14:05						100m(F)		100m(F)	
14:30	14:05-14:15		1500m(F)							
14:40	14:15-14:25				1500m(F1-F2)					
15:00	14:35-14:45						1500m(F)			
15:10	14:45-14:55							DT	1500m(F)	
15:30	15:05-15:15	14:55-15:05	200m(F)		200m(F)	SP				
15:40	15:15-15:25	15:05-15:15				HJ	200m(F)		200m(F)	
16:00	15:35-15:45	15:25-15:35	110mH(F)	TJ (A)	110mH(F)					DT
16:10	15:45-15:55						100mH(F)		100mH(F)	
16:30	16:05-16:15		400m(F)		400m(F)					
16:40	16:15-16:25						400m(F)		400m(F)	
16:50	16:25-16:35		4X100m(F1-F2)							
17:00	16:35-16:45				4X100m(F1-F3)	DT				
17:10	16:45-16:55						4X100m(F)		4X100m(F)	

註：原定在下午舉行之女子U18組跳高賽事改為在上午11:40舉行

因投擲護籠損毀，鐵餅項目將會取消。