

Time	Roll Call Time		M_U18		M_U16		F_U18		F_U16	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
9:00	8:35 - 8:45	8:25 - 8:35	110mH(H1-H2)	LJ (A)				JT		LJ (B)
9:15	8:50 - 9:00	8:40 - 8:50		SP			100mH(H1-H2)			
9:25	9:00 - 9:10								100mH(H1-H4)	
9:35	9:10 - 9:20		100m(H1-H3)							
9:45	9:20 - 9:30	9:10 - 9:20			100m(H1-H6)					HJ
10:05	9:40 - 9:50	9:30 - 9:40				JT	100m(H1-H2)			
10:15	9:50 - 10:00	9:40 - 9:50						SP	100m(H1-H4)	
10:25	10:00-10:10								100m(H5-H8)	
10:50	10:25-10:35	10:15-10:25	400m(H1-H3)			LJ (A)				
11:00	10:35-10:45	10:25-10:35			400m(H1-H4)					JT
11:15	10:50-11:00	10:40-10:50					400m(H1-H2)	TJ (B)		
11:25	11:00-11:10								400m(H1-H6)	
11:40	11:15-11:25	11:05-11:15	200m(H1-H3)					HJ		
11:50	11:25-11:35	11:15-11:25		JT	200m(H1-H3)					
12:00	11:35-11:45						200m(H1-H2)		200m(H1-H6)	
<b>Lunch Time</b>										
13:10		12:35-12:45				DT				
14:00	13:35-13:45	13:25-13:35	400mH(F)	HJ		TJ (B)	400mH(F)			SP
14:10	13:45-13:55		100m(F)		100m(F)					
14:20	13:55-14:05	13:35-13:45					100m(F)	DT	100m(F)	
14:30	14:05-14:15	13:55-14:05	800m(F1-F2)					LJ (A)		
14:40	14:15-14:25				800m(F1-F3)					
15:00	14:35-14:45						800m(F1-F2)		800m(F1-F3)	
15:30	15:05-15:15	14:55-15:05	200m(F)	TJ (B)	200m(F)	HJ				DT
15:40	15:15-15:25						200m(F)		200m(F)	
16:00	15:35-15:45		110mH(F)		110mH(F)					
16:10	15:45-15:55	15:35-15:45				SP	100mH(F)		100mH(F)	
16:30	16:05-16:15		400m(F)		400m(F)					
16:40	16:15-16:25						400m(F)		400m(F)	
16:50	16:25-16:35		4X100m(F)		4X100m(F)					
17:00	16:35-16:45	16:25-16:35		DT			4X100m(F)		4X100m(F)	

註：1.原定在下午舉行之女子U18組跳高賽事改為在上午11:40舉行。

2.沙池(A)近草地，沙池(B)近看台。